

What is the goal of chiropractic care?

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1. **Cause.** To find the cause of the patients complaint, and to address the immediate needs of the patient in relation to physical and non-physical causes of pain, symptoms and infirmity
2. **Function.** To elevate the *non-symptomatic* or symptomatic patient to a level of maximal functional capacity so that the expression of health is as whole and complete as possible, through the restoration of spinal function and neuro-musculo-skeletal integrity.
3. **Healing.** To remove the barriers to healing through removal of nervous system interference. The body can heal itself, given that these barriers are removed or the patients behaviour and self-care addressed. *Innate* healing is the tendency of the body to reorganise matter so that the body remains whole and function maximal.
4. **Prevention.** The application of chiropractic is not the creation of dependence, but a re-education in patient spinal care, nutrition, exercise and wellbeing. Naturally, all chiropractors are educated to recommend checking the spine periodically, before problems and symptoms occur.
5. **Referral.** To refer the patient out to other practitioners where scope of practice does not permit chiropractic care, emergency care or for co-management. Co-management is important, for when the spine is not functioning well, any disorder or symptom may be caused or mimicked, or prolonged.
6. **Whole Life Expression.** To release, assist, enhance, energise the expression of the whole person's ability to exist within their chosen environment in a productive, constructive and loving manner toward self and rest of living world.